

BOOK REVIEW

YOU CAN WIN
~ Shiv Kherra

Submitted By~

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Book Review:- You can win by Shiv Khera ;

Title: You can win

Author: Shiv Khera

Genre: Self-Help, Personal Development

Publisher: Macmillan Publishers

Year of Publication: 1998

Introduction:-

You can win is one of the most popular self-help books, written by Shiv Khera, a renowned motivational speaker and educator. This book is a practical guide that inspires readers to achieve success by developing a positive attitude and strong personal values. With its simple yet impactful approach, it aims to empower individuals to create a fulfilling life.

Summary:-

The book is divided into distinct chapters, each focusing on a specific principle of success. It covers topics such as goal setting, building self-confidence, overcoming negativity, and fostering strong interpersonal relationships. Khera emphasizes the power of habits, positive thinking, and self-discipline as keys to success. The book includes anecdotes, stories, and quotes that motivate readers to implement these principles in their daily lives.

Evaluation

Strengths:-

- The language is simple and easy to understand, making it accessible to readers of all backgrounds.
- Practical tips and relatable examples make the concepts actionable.
- The inspirational stories and motivational quotes add depth and appeal to the lessons.
- The book's focus on ethics and values makes it not just about material success but holistic development.

Weaknesses:-

- Some concepts, such as "thinking positive", might feel repetitive.
- certain anecdotes and examples may seem overly simplistic or idealistic for complex real-world situations.

Personal Reflection-

Reading *You can Win* was a refreshing and inspiring experience. The book encourages readers to adopt a proactive mindset and take responsibility for their lives. Personally, I found the chapter on overcoming fear and failure particularly impactful. It left me with actionable strategies to approach challenges positively.

Conclusion -

You can win is a must-read for anyone looking to boost their self-confidence, improve their attitude, and achieve success in personal and professional life. It is especially helpful for students, young professionals, and individuals struggling with self-doubt.

Some inspirational quotes from You can win by Shiv Khera are -

- "Winners don't do different things, they do things differently".
- "If you think you can, you can. If you think you can't, you're right."
- "The size of your success is determined by the size of your belief."